1: Conzemius M-4, 5 (1921) 1932
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The men taking part at the *asaŭ ldiwana* had the whole body painted black and wore nothing but the loin cloth. They had to be ceremonially "pure" (*sunu*), a condition which was obtained by abstinence from women, salt, red peppers, and intoxicating liquor. Any one daring to come to the festival in a state of "uncleanness" was supposed to be killed by an awful giant, some sort of evil spirit, which came from some neighboring hill, and walked about the house with a quiver full of arrows. He was well treated and given plenty of *puput* (maize liquor), for every one was afraid of him.

At the *asaŭ ldiwana* trials of endurance took place in order to train the young men in supporting pain without the slightest groan. They also had the object of settling disputes which had been in suspense for some time. One man leans over and lets his opponent strike his back as hard as he can with the point of the elbow, until the latter is tired of punching. He is not supposed to utter the least groan nor show any other sign of pain. From time to time he merely says *yaŭ al yaŭ*, "I am a man," whereupon his adversary replies *yaŭ bik al yaŭ*, "I am also a man." When the latter is tired of punching the two men change places and he has to submit to the same rough treatment of his back by the other. Anyone giving up the struggle before his opponent is tired of striking is considered a coward; occasionally death has resulted from the effects of these terrible blows.

This method of fighting is unknown to the Miskito. The latter box a little, but it seems to be a point of honor with them to give and take blows in turn, and not to try how often they can strike each other as much as how long they can stand up to it.

PREPARATION OF AN EXPEDITION.—When the Miskito projected an armed expedition against the other Indian tribes or against the Spaniards they consulted one of their principal sukyas in order to hear if they would be successful. If the sukya's prediction, after having consulted the spirits, was unfavorable regarding the issue, the intended expedition was abandoned (M. W.: 307–308).

Both of these tribes were in the habit of painting the body hideously, perhaps with the object of scaring the enemy. Fair fighting was unknown. Attacks were carried out during the night, the enemy being taken by surprise.

INTERTRIBAL WARS.—The Miskito and Sumu were continually at war with each other as far back as the seventeenth century (Dampier: I, 9–10; M. W.: 300, 302, 305). These tribal wars continued throughout the eighteenth century and turned out to the advantage of the Miskito, who, having received European arms through the agency of the buccaneers from Jamaica, were able to conquer several subtribes of the Sumu from whom they collected tribute in the shape of canoes, deer skins, maize, cacao, rubber, etc.

2: Kirchhoff E-4 (no date) 1948
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is an elaboration of aboriginal customs, encouraged by the English. Early records indicate that the *Sumo*, *Paya*, and *Jicaque* developed similar but perhaps less complicated organizations in order to resist the Spanish Conquest. Probably they too had waged war previous to the 16th century, but available data do not permit identification of aboriginal customs.

Among the *Mosquito* and *Sumo* all men were potential warriors. They were arranged according to military ranks, which were distinguished by feather insignia. The warriors, particularly of the *Sumo*, were subject to severe tests including dietary restrictions, and they celebrated various ceremonies. Women were not permitted to attend these ceremonies, and the warriors were not supposed to have any relations with women. Before a battle shamans were consulted. The warriors, painted black, usually attacked the enemy at night. The *Mosquito* took prisoners to be sold as slaves to the Whites. The *Sumo* killed as many of the enemy as possible. They mutilated the corpses and wore the teeth and fingernails as trophies. Some of the *Sumo* reputedly ate the roasted flesh of their enemies in order to inflict further insult upon them and to make sure that they were completely destroyed.

ESTHETIC AND RECREATIONAL ACTIVITIES

Dances and music.—All ceremonies are the time for much intoxication, dancing, and singing. On frequent occasions the *Mosquito* sing in groups or singly. There are many kinds of dances, some of them specially for women and others for particular ceremonies. There are two types of drums: a goblet-shaped drum used in funeral and memorial ceremonies and a drum of European origin which is used in some of the ceremonies and, perhaps, as a signal drum. Conch-shell trumpets and reed or bone flutes with one to four stops are blown. *Sumo* and *Mosquito* shamans use flutes 6 feet (2 m.) long. The musical bow, with or without a gourd sounding box, is played by women. Gourd rattles are also used.

RELIGION

The *Sumo*, *Mosquito*, and *Paya* believe in a deity, called "Our Father," who lives in the sky. He is little interested in mankind, is too far removed to be approached by humans, and has little influence upon human affairs. The sun, moon, and stars, especially the Pleiades, are considered to be supernatural beings. They figure in the mythology and are of some significance in the religious philosophy. Solar and lunar eclipses, thunder, wind, the rainbow, and other celestial phenomena are explained by myths. The last three are the agents of the major deities.

A *Sumo* creation myth recounts the activities of two brothers who made the animals out of maize cobs. People are believed to have been made from rays of the sun. The *Paya* believe that their god sowed men in the